

# **Immunization Recommendations for Adults**

You never outgrow the need for vaccines. Some adults incorrectly assume that the vaccines they received as children will protect them for the rest of their lives. Generally this is true, except that:

- Some adults were never vaccinated as children
- Newer vaccines were not available when some adults were children
- Immunity can begin to fade over time
- As we age, we become more susceptible to serious diseases caused by common infections (such as flu and pneumococcus)

It can be difficult to understand or keep track of exactly which vaccines you need and when. Each year, the Advisory Committee on Immunization Practices (ACIP) reviews the recommended adult (anyone over 18 years old) [immunization schedule](#) to ensure that the schedule reflects current recommendations for the licensed vaccines. Check the schedule for immunizations suggested for your age.

- A [screening form](#) is provided by the CDC to assist you and your doctor in determining your future immunizations. It is also available in [multiple languages](#).
- The CDC also provides various easy-to-read printable schedules, interactive tools and smartphone download, pocket-size condensed guide, laminated guide, presentation graphics, etc. to the public at this [CDC website link](#).

Article Source

Centers for Disease Control (CDC)

Source URL

<https://www.cdc.gov>

Last Reviewed

Tuesday, July 26, 2022