

## **Peer Counseling and Independent Living Training, Sensory, Loudoun**

Age Requirements

No Age Requirement

Documents Required

Call for details

Family

No

Intake Contact Email

traceeg@ecnv.org

Intake Process

Visit the website; call the office

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

ENDependence Center of Northern Virginia

<https://www.ecnv.org>

<https://www.facebook.com/ECNVCIL>

<https://twitter.com/ECNVorg>

Main

(571) 291-9550

TTY/TTD

(703) 525-3553

44121 Harry Byrd Highway

Suite 240

20147 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

By Appointment

Languages Spoken

English

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Spanish

,

Sign Language

,

Multi-Lingual

Loudoun Endependence (LEND) offers peer counselors to assist individuals with sensory disabilities to develop and achieve independence and self-reliance.

Participants develop a plan to achieve maximum independence and set goals toward that independence. Through counseling and sharing of experiences in coping with the effects of a sensory disability, participants learn about the needs and resources to achieve their goals. Peer counseling can be on an individual basis, as well as group support.

Independent Living Skills: Individual and group training is provided in several categories including personal assistant management, building self-esteem, money management, navigating one's environment, and self-advocacy. All programs are designed to meet individual needs. Also provides encouragement and information about community resources, sharing insights and perspectives from personal experience.

Public transportation is available through Virginia Regional Transit or Trolley. For bus routes and schedules Visit Accessible Transportation.

Service Area(s)

Loudoun County

Email

[info@ecnv.org](mailto:info@ecnv.org)