

Beyond Boundaries Offers a Unique Experience in Outdoor Adventure to People with Disabilities

Beyond Boundaries introduces the world of outdoor adventure to individuals with disabilities, in an inclusive environment, supported by family members, companions and friends, teaching outdoor recreation skills, team and self-support techniques, and environmental stewardship.

On an individual level, *Beyond Boundaries* seeks to inspire fortitude, strengthen self-determination, and build self-confidence. On a community level, the program strives to promote full and comprehensive inclusion, focus on abilities rather than disabilities, and cultivate an environment of respect and appreciation for all individuals and our natural resources.

Beyond Boundaries is designed to foster individual and relational development – physically, mentally and emotionally. By focusing on the community experience and each participant's value within the community, outdoor adventures can bridge the worlds of disabilities and abilities and diminish barriers caused by misconceptions about both.

Designed as a classroom without walls, *Beyond Boundaries* provides outdoor adventure education, team building, and environmental safety within an inclusive and supportive community. Participants can have fun, while learning to set and achieve personal and community goals, overcome obstacles through physical, mental and emotional growth, experience empowerment and strengthen self-efficacy.

Understanding the principles of inclusive recreation, training in disability-awareness, and a comprehensive knowledge of accommodations and adaptive recreation equipment are key to providing a safe and fun inclusive outdoor adventure experience. Staff and volunteers, trained in person-centered practices, disability awareness, and outdoor recreation, offer support to participants, their families and friends to ensure a successful adventure experience.

For additional information contact [Beyond Boundaries](#) co-founders Shepard Roeper, 804-615-5999 or Kyle Burnette, 804-837-0154 or email beyondboundariesrva@gmail.com.

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