

As you manage the daily care of your loved one it's important to know how to access needed resources. Explore caregiving programs and services, articles, websites, and handbooks to find helpful options for you and your family.

[View PDF](#)

Links

CDC Complete Care Plan Form

Source

[CDC Complete Care Plan Form](#)

Links

Today's Caregiver Friendly Awards 2022

Source

[Today's Caregiver Friendly Awards 2022](#)

Books & Guides

Caregiving in the LGBT Community

[Caregiving in the LGBT Community](#) provides a guide to engaging and supporting LGBT caregivers through programming.

Source

[SAGE: Advocacy and Services for LGBT Elders](#)

Books & Guides

Taking Care: A Resource Guide for Caregivers

Taking Care: A Resource Guide for Caregivers was created by the Virginia Caregiver Coalition (VCC). Recognizing that every caregiving situation is unique, this comprehensive guide is meant to support caregivers of older adults and those with

disabilities and provide resources and information to meet their specific needs.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Links

Take Care: Caregiver Community Resources

Source

[Take Care: Caregiver Community Resources](#)

Article

Heart Failure Caregiver Navigator: Mapping Your Caregiver Journey

Caring for someone who has heart failure can be challenging. The Heart Failure Caregiver Navigator provides resources to help caregivers navigate this diagnosis.

Source

[Caregiver Action Network](#)

Links

Caregiver Tech Tool Finder (CTTF)

Source

[Caregiver Tech Tool Finder \(CTTF\)](#)

Apps

First Aid: American Red Cross

The official American Red Cross First Aid app provides expert advice for everyday emergencies with simple step-by-step advice. Includes Spanish language toggle.

Source

[First Aid: American Red Cross](#)

Apps

CareLinx: Senior In-Home Care

CareLink connects families with safe, reliable, and affordable in-home caregivers for seniors.

Source

[CareLinx: Senior In-Home Care](#)

Apps

AnyList

AnyList helps you create grocery shopping lists and collect and organize recipes. Create lists for every need and share with your family, spouse, or friends.

Source

[AnyList](#)

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