Family Education Program, Behavioral Health

Age Requirements 18 and over Available 24/7 No Family Yes Intake Contact Jeff Conley Intake Contact Email jeff.conley@namicentralvirginia.org Intake Process Call the office for more information. Register Intake Contact Telephone (804) 285-1749 **Provider Refer** Yes Self Refer Yes National Alliance on Mental Illness Central Virginia (NAMI CVA) http://namicva.website/ https://www.facebook.com/namicva https://twitter.com/namicva Main (804) 285-1749 Toll-Free (888) 486-8264 1904 Byrd Avenue Suite 207 23230 VA **United States** Monday: 9:00 am-5:00 pm Tuesday: 9:00 am-5:00 pm Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm Friday: 9:00 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Program is held at various times during the year Fee Structure No Fee Languages Spoken English

The NAMI Family Support Groups <u>Family</u> to Family is a free, 12-week course for family caregivers of individuals with severe behavioral health disorders. The program is offered at various times during the year. Visit <u>What the Course Covers</u>.

Current information about schizophrenia, major depression, bipolar disorder, manic depression, panic disorder, obsessive-compulsive disorder, etc. is included in the course, as well as up-to-date about medications and current research. Focus is also on care for the caregiver and copying with worry and stress. Call for more details.

Visit Find a Support Group at another time

Service Area(s) Chesterfield County , Colonial Heights City , Dinwiddie County , Goochland County , Hanover County , Henrico County , Hopewell City New Kent County

Petersburg City

,

Powhatan County

Prince George County

, Richmond City Email <u>info@namicentralvirginia.org</u>